

# GBNC Newsletter

## What's happening at GBNC

Spring 2023

### What's on weekly at GBNC

#### Mondays

- Kids Korner Childcare
- GBNC Client appointments
- Kids gym
- Brick Club at Dalveen school
- Emergency Relief available from 9am-12noon
- Interact club at Hilton Street 2<sup>nd</sup> & 4<sup>th</sup> weeks of month

#### Tuesdays

- Playgroup for kids aged 0-5
- Hippy (Home Interaction Program for Parents and Youngsters) for kids aged 4-5 years
- GBNC Client appointments

#### Wednesdays

- Kids Korner childcare
- Catholic Care kids/family counselling fortnightly
- Baby & Me 9:30-11:00 – 5 sessions during school terms
- GBNC Client appointments
- Music time- fortnightly - 0-3yrs 9.30-10.00am and 4-6years 10.15-10.45am

#### Thursdays

- Foodsupport at Hilton Street by referral through GBNC10 - 11am
- Sensory playgroup for babies aged 0-5 months
- GBNC Client appointments

#### Fridays

- Kids Korner childcare
- GBNC Client appointments
- Homeschoolers at Hilton St

#### Sundays

- Every 2<sup>nd</sup> Sunday Quart Pot Quilters

### What's on monthly at GBNC

- Rotary Stanthorpe Ageing Well morning tea at Hilton Street every 3<sup>rd</sup> Friday of the month
- Free technology assistance for personal devices 9:00-11:30 Tuesdays. Please check with reception for our next available date

### Staff movements

GBNC have welcomed Sharon Carey as the Healthy Ageing Program Coordinator (more info on this new, time-limited program see page 2)

We also congratulate Kate Haylock who has taken on the Youth Support Program Coordinator. She previously worked in GBNC's Early Years program.

Since the last edition we have also farewelled Nathan Day, Craig Niven and Charlene Simons. We wish them well with their future endeavours.

Shane Linton has also been helping GBNC out with its IT needs.

### Update - Social Value of GBNC 2023 survey

GBNC has just completed the 2023 survey to establish the social value we give to our community. We eagerly await our report which we again will share when available.



### Partner Agencies



**CatholicCare**  
Social Services



**Legal and Social Justice Services**



### Donations

- ✓ Australian Vinegar
- ✓ Diggers Club
- ✓ Rotary Stanthorpe Satellite Club
- ✓ Zonta club of Stanthorpe
- ✓ Sam's Farm Fresh Fruit & Veg
- ✓ Local farmers
- ✓ The Nappy Collective
- ✓ Spano's IGA Stanthorpe

### Supporters



*A vibrant organisation growing, building and nurturing our community*

# GBNC Newsletter

## Community Development

Spring 2023



### New Initiative - Healthy Ageing Support Program

Earlier in 2023 GBNC was approached by the Southern Downs' Primary Health Network to take on a new demonstration project; the only one in Qld.

The funding is for 1 year, ending 30<sup>th</sup> June, 2024 with continued funding only if the program provides evidence of its value.

For the first time GBNC is providing a service across the broader Southern Downs region; a challenge in itself. This project requires us to develop fresh from the start all aspects of the service and its associated documents etc.

The Healthy Ageing Support program is for over 65-year-olds, living at home in the Southern Downs, aimed at assisting them to connect to support services and enhance their social connections.

It's anticipated that through improved social connectedness the person's, or couples' sense of isolation or loneliness is reduced and consequently experience improved physical health too.

Initial referrals will come from the Aged Care Nurse Navigators at the Warwick and Stanthorpe Hospital, before extending to the general community in due course.

In early August, Sharon Carey was recruited as the Healthy Ageing Support Officer. By mid-September, Sharon will be out and about meeting services and taking referrals.

### New Project / Initiative - Online directory and community diary

In partnership with Rotary Club of Stanthorpe, GBNC was successful in seeking funding from the Qld Community Fund. The grant enables GBNC to take out 2 years membership of the online directory and community diary.

Funding for this grant ends June 2023 and during this time GBNC will bring the directory and diary to life.

GBNC aims to provide the Granite Belt community (and visitors) with a one stop source of service provider information AND what's on in the Granite Belt on a specific day/date.

***YOU will have the ability to help make the community diary REALLY USEFUL because you will be able to enter your own activity / service information into the diary and directory.***

So, look out! In the new future for the launch of the directory and diary and encouraging you to participate in making this a success.

### Future developments – PRIDE youth group

Our Youth program is currently working in partnership with Headspace to develop a PRIDE youth group in the Granite Belt. We're building on their success in developing this group in Warwick.

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### Safehaven

GBNC and Safehaven are not very far away from formalising an agreement that will provide access to Safehaven funds to assist with crisis DV situations.

It's hoped the model proposed by GBNC will be accepted by Safehaven; a model that has not to date been used in the Southern Downs.

GBNC will act as the conduit between accessing Safehaven funds and the Stanthorpe Detectives who are called to attend all DV situations in the Granite Belt.

It's anticipated the Detectives will have a card they can use to purchase accommodation in those DV crisis situations where removal of the victim (and children) is needed. NB: The Qld Police Service also needs to approve this model, work that will occur once Safehaven approves the arrangement.

It's proposed to trial this model for a period and review its effectiveness for all 3 parties.

### Update - Funding Submissions

We heard we were unsuccessful with the following applications:

- Dept Communities Innovation Grant small for Volunteers Expo.
- Dept Communities Innovation Grant large for a new 3-year program to tackle loneliness
- Gambling Community Benefit Fund

### Stanthorpe Hospital's Consumer Consultative Committee (SCCC)

**Come join us!**

The 23-24 SCCC meets 7<sup>th</sup> September, and it's still interested in hearing from anyone interested in joining this group.

Your role is to:

1. be a conduit from the community to the Stanthorpe Hospital's Health and Medical services; and
2. Work on agreed issues to the benefit of the Granite Belt community

The 22-23 SCC Committee identified 4 priority issues, of which:

- 2 were fully achieved,
- 1 moved to the Warwick Hospital which had responsibility for this service and
- 1 continues actively via a transport subcommittee.

Any subcommittees that are formed meet on the off month to the SCCC which meets every 2 months.

Other community members with interest/passion on the issue are included in subcommittees.

***If you are interested in being on the SCCC please contact the SCCC Chairperson, Jenny Leigh on 0437199830.***

# GBNC Newsletter

## Our services

Spring 2023



### Early Years

Activities for parents and their children (prenatal to 8 years) aimed at assisting effective parenting skills.

### Youth

Activities aimed at working with youth who are at risk of disengaging from school, family and/or the community.

### Mental Wellbeing (PHN)

Focused on initiatives to improve families and children's mental health transitioning to high school.

### Family Support Services

Assists vulnerable families to develop family/household management skills, improve life skills and provide information, advice and referral.

### Healthy Ageing Support

Supports senior Southern Downs residents to live at home through enhanced social connections.

### Sustaining Tenancies

Available through GBNC for clients who need a helping hand. A realistic payment plan is set up to come out of your Centrelink payments

### Food Support

Available weekly on a Thursday morning via a referral from GBNC staff. Clients are to attend our Food Support at 15 Hilton St 10—11am only.

### Emergency Relief

Available to assist on a time-limited basis with basic life needs and is available to any person/resident in the area including backpackers

### Community Support Services

Assists vulnerable individuals in an integrated way by increasing life skills, connecting people to the community.

### Kids Korner

Limited hours childcare for children aged 15 months to 5 years. Days of operation are Mondays, Wednesdays and Fridays. Casual use is encouraged.

### Driving Work/Life Opportunities

Aims to expand life options & employment through addressing the barriers that prevent persons aged 16-25 years from obtaining a drivers licence. This program works with the PCYC's Braking the Cycle Stanthorpe program.

***If you would like to be notified of GBNC's upcoming events follow us on Facebook or Instagram***