

# GBNC Newsletter

## What's happening at GBNC

Summer 2022



### What's on weekly at GBNC

#### Mondays

- Kids Korner Childcare
- GBNC Client appointments
- Roaming Readers at the villages 10am. (check Facebook for dates and locations)

#### Tuesdays

- Playgroup for kids aged 0-5
- Hippy (Home Interaction Program for Parents and Youngsters) for kids aged 4-5 years
- Happy Chat at Hilton Street
- GBNC Client appointments
- Healthwise

#### Wednesdays

- Kids Korner childcare
- Baby & Me resumes 2023
- GBNC Client appointments
- Lego therapy for kids aged 5-8 years, 3:30-4:40 at Corundum Street

#### Thursdays

- Food support at Hilton Street by referral through GBNC
- Sensory playgroup for babies aged 0-5 months
- Tasc National legal appointments resumes 2023
- GBNC Client appointments
- Emergency Relief available from 9am-12noon at Corundum Street
- Healthwise

#### Fridays

- Kids Korner childcare
- GBNC Client appointments

#### Sundays

- Baptist Church at Hilton Street
- Every 2<sup>nd</sup> Sunday Quart Pot Quilters

### What's on monthly at GBNC

- Rotary Stanthorpe Ageing Well morning tea at Hilton Street every 3<sup>rd</sup> Friday of the month
- Free technology assistance for personal devices 9:00-11:30. Please check with reception for our next available date and to book a spot.
- Suicide Prevention Network meet monthly (3<sup>rd</sup> week of the month) with the next meeting scheduled for 23 January 2023 at Stanthorpe RSL meeting room Lena. Anyone interested are welcome to attend.

### What's on bi-monthly at GBNC

- Mental Health & Wellbeing Focus Group – Granite Belt meets at GBNC every 2<sup>nd</sup> month from 9.30 – to 11.30. For more information contact Fiona on [phnworker@communityds.org.au](mailto:phnworker@communityds.org.au) Anyone interested are welcome to attend.

### Partner Agencies



**CatholicCare**  
Social Services



### Donations

- ✓ Sam's Farm Fresh Fruit & Veg
- ✓ Local farmer's
- ✓ Givit
- ✓ Share the dignity
- ✓ Zonta club of Stanthorpe
- ✓ Spano's IGA Stanthorpe

### Supporters



# GBNC Newsletter

## Out & about within the community

Summer 2022



### Staff movements

#### Welcome to:

GBNC welcomes Fiona Magnussen as our PHN/Food Support coordinator. Maritta Hutley will be taking over the intake / Emergency Relief role from January 2023.

#### Farewell to:

Skye Sattler will be finishing up with GBNC early December & Josephine Yuile will be finishing Early January. Thank you to both ladies for all your support you have given GBNC & we wish you all the best for your new adventures!

### Out & About

- ✓ Our Early Years team have been working with BushKids, local kindies & schools to bring together Jarjums party.
- ✓ Caitlyn our Family Support coordinator has arranged for Beers & Bubs to be presented in Stanthorpe.
- ✓ Our PHN (Public Health Network) program has arranged a “meet & greet” for families starting high school in 2023
- ✓ Shane Linton is working with Jaqui and holding technology help mornings at GBNC.
- ✓ Josephine & Maritta held Community Outreach Emergency Relief at Amiens on 21 November. Follow our Facebook page for future outreach ER dates & locations.

- ✓ Headspace Warwick have been working with our Youth worker Craig and putting on Trivia afternoons for youth.
- ✓ Netty from Early years has been working alongside Bushkids to bring A Steady Start To School program to families.
- ✓ Fiona our PHN coordinator teamed up with Healthwise to bring their Regrowth program to Stanthorpe on 19 November. This program is aimed at communities that have dealt with bushfires & natural disasters.
- ✓ Kate from our Early Years team delivered Parenting by Connection workshops over 3 months.
- ✓ Craig our Youth worker teamed up with Annie Mitchell from Wild Heart Counselling to bring together a Dungeons & Dragons club for youth that meets weekly.



Kids Korner staff & kiddies testing out their new excursion vests & lanyards.



# GBNC Newsletter

Our focus

Summer 2022



## School Holiday programs

GBNC PRESENTS

# FAMILY CHRISTMAS COOKING DAY

TUES 13th DEC 2022  
SESSION 1: 9:30-11:30AM  
SESSION 2: 1:30-3:30PM

Gingerbread Reindeer Biscuits  
Cookies Fruit Christmas Trees

THE HUB - 8 CORUNDUM STREET STANTHORPE

CALL 07 4681 3777 TO REGISTER

FREE EVENT - PARENTS/CAREGIVERS REQUIRED

Queensland Government

# CHRISTMAS CRAFT MAKE & TAKE

WE'LL BE CREATING...  
WRAPPING PAPER, GIFT TAGS, UPCYCLED BOOK COLLAGE,  
SNOWFLAKES...THE LIST GOES ON

MON 19TH DEC  
@ GBNC 8 CORUNDUM ST  
10:00AM - 11:30AM  
CALL 4681 3777 TO BOOK  
MORNING TEA PROVIDED

For kids 5-8 and their grown-ups

GBNC PRESENTS

# Appetisers & Art

## CRAZY CHRISTMAS KOALA'S

FREE EVENT  
All Ages  
From 10 up

December 19th 3.00-5.00 PM  
December 20th 9.30-11.30 AM

THE HUB - 8 Corundum Street, Stanthorpe  
Call 07 4681 3777 to Register LIMITED SPACES

### SCHOOL HOLIDAY ACTIVITY

# SLIME WORKSHOP

FREE

11 JAN 2023  
10AM - 11.30 AM

@ GBNC  
8 CORUNDUM ST

FOR 5-8 YEAR OLDS  
(ADULTS MUST STAY FOR THE DURATION)

Call GBNC to register  
46813777

Granite Belt Neighbourhood Centre presents

# STANTHORPE COMMUNITY SCAVENGER HUNT

When: Monday 16th January  
Time: 10.00am  
Start: Information Centre Leslie parade

Free Morning tea and giveaways

We are going to solve clues around our town to our final destination. Local businesses are participating

Start at the Information centre (Leslie Parade) you will receive your 1st clue.

Each destination you go to you will receive your next clue.

FINISH

This event is suitable for families and there is no limit on participants. If you have any questions please contact us.

Registrations essential, call 4681 3777

Parents or caregivers required ...

GBNC presents

# BACK 2 SCHOOL

## FREE KIDS HAIRCUTS

SUN 8th JAN HILTON STREET  
SUN 15th JAN - DALVEEN HALL  
TUES 17th JAN - WALLANGARRA HALL

BOOKINGS AVAILABLE FROM 10:00AM-1:30PM

TO BOOK A HAIRCUT CALL 07 4681 3777

Rotary Stanthorpe IN PARTNERSHIP WITH STANTHORPE ROTARY & HIGH ST BARBER

# GBNC Newsletter

## Community Development

Summer 2022



### Stanthorpe Hospital's Consumer Consultative Committee (SCCC) update

The SCCC 's priorities are:

1. Information sharing with the Granite Belt community about the hospital's services and visiting clinics via the AccessMyHealth online platform
2. Transport to Warwick and Toowoomba for medical treatment/appointments
3. Reimbursement for Chairperson role
4. Mental Health

Updates on the work of the SCC includes:

1. Two platforms have been identified as possible means to share info with the community. A decision will be made on which of two possible online platforms at next the December subcommittee mtg.

SCCC has requested of the Darling Downs Health Board (DDHB) that the region's media unit directly posts information on any visiting health clinics/services to the Granite Belt onto the Stanthorpe on Facebook page (and not only the DDHB facebook page).

2. STAR Community Services' Transport is expected to have its office and staff member on site in Stanthorpe early in the new year. Whether this staff role is 2 days p/week with 3 days at Warwick OR 5 day roles in each location is yet to be confirmed. Once STAR is on site then this sub-committee will reconvene to work towards a collaborative response to transport needs in the Granite Belt communities.

3. Letter on this issue to local member on the issue of reimbursement of Chairperson role has not resulted in any action. This issue to be progressed to other points of possible decision-making influence. GBNC can only keep paying for the Chairperson's time until end of December 2022.
4. The mental health subcommittee is working to establish statistics on services provided and confirmation of the Unit's practice guidelines as the first step on improving mental health services provided by Warwick hospital at the Granite Belt community (this is not an area in the 'control' of the Stanthorpe Hospital).

### GBNC convenes Youth Focus Group

The Youth Support Service's Program Coordinator, Craig Nevin, convened the first Youth Focus Group. The purpose of this focus group is to gain from youth and others what the youth needs are in the Granite Belt.

This knowledge will inform GBNC's youth service's activities and how it can work collaboratively on addressing any identified service gaps.

At this meeting a major gap was identified - nothing to do on some regular basis if youth aren't into sports or sporting activities.

Next meeting: Wednesday 7<sup>th</sup> December 2022 at Hilton Street.



# GBNC Newsletter

## Community Development

Spring 2022



### GBNC convenes Driving Work Life Opportunities (DWLO) Reference Group

The DWLO's Program Coordinator, Maritta Hutley, convened the first DWLO Reference Group.

The purpose of this reference group is to be accountable to the community for this new program's progress and gain assistance to get referrals from Granite Belt residents aged 16 to 25 having difficulty gaining their licence.

This knowledge will inform GBNC's DWLO's activities and how it can work collaboratively on addressing any other driving related service gaps.

Next meeting: Please check with Reception for next meeting date 4681 3777

### Sharing grant opportunities with other agencies

It is a core activity of Neighbourhood centres across Qld to constantly review grant offers as a way to respond to local unmet needs or to buy equipment etc. GBNC is no different.

What is new is that GBNC provided detailed information about 2 different grant offers to 2 Granite Belt groups - She Hive and the local Blue Light - which they might find useful to address their needs.

GBNC sees this sharing as another way it can support the Granite Belt communities.

### Healthwise welcomed onsite in the Granite Belt

A new service, Healthwise, has set up offices and services in the Southern Downs.

Their worker Ms Julie Thompson will be working across the Southern Downs, onsite at both Stanthorpe and Warwick.

In Stanthorpe, Healthwise will work out of GBNC on Tuesdays and Thursdays each week. Healthwise provides a range of services focused on creating healthier communities.

On Saturday 19<sup>th</sup> November, Healthwise held their first workshop at GBNC - *Regrowth for those affected by bushfire and natural disasters* presented by Donna Boughton.

It was well attended and GBNC expects further workshops to be offered across 2023.

Contact Ms Thompson via email [Julie.thompson@healthwise.org.au](mailto:Julie.thompson@healthwise.org.au)

# GBNC Newsletter

## Our programs

Spring 2022



### Early Years – Netty & Kate

Activities for parents and their children (prenatal to 8 years) e.g., weekly Lego therapy (Mondays & Wednesdays 3:30pm) and two Playgroups (Tuesdays and Thursdays).

### Youth – Craig

Activities aimed at working with youth aged 8 to 21yrs who are at risk of disengaging from school, family and/or the community.

### Mental Wellbeing (PHN) - Fiona

Focuses on initiatives to assist families and children transitioning to high school in dealing with low intensity mental health issues.

### Family Support Services - Caitlyn

Assists vulnerable families to develop family/household management skills, improve life skills and provide information, advice and referral. During school terms Baby & Me runs for 5 weeks and is aimed at new parents. A guest presenter hosts each weekly session.

### Emergency Relief - Maritta (January 2023)

Available to assist on a time-limited basis with basic life needs and is available to any person resident in the area including backpackers.

### Community Support Services - Jaqui

Assists vulnerable individuals in an integrated way by increasing life skills, connecting people to the community plus develop events, projects and resources to benefit the whole community.

### Kids Korner – Bec & team

Limited hours childcare for children aged 2 to 5 years. Days of operation are Mondays, Wednesdays and Fridays. Casual use is also encouraged.

### Driving Work Life Opportunities - Maritta

This time-limited program assists youth aged 16 to 25yrs in obtaining their driver's licence.

### Foodsupport – Fiona & team of volunteers

Weekly program providing a box of food referred by GBNC's client intake officers

### Room Rental

GBNC rents space at both its Corundum Street and Hilton Street premises on 1-off basis through to weekly for a year. Ask reception about what is available and for our price list.

If you would like to be **notified** of GBNC's upcoming events, please email your interest to [marketing@communityds.org.au](mailto:marketing@communityds.org.au) AND like us on facebook or Instagram

# GBNC Newsletter

## Celebrations

Summer 2022



### Celebrating 35 years

10 November 2022, GBNC celebrated 35 years of supporting our local community. The front page of a newspaper printed on opening day - 10 November 1987 was sourced by our Service Manger Jenny Leigh. Jenny arranged for this to be made into a jigsaw puzzle & is now hanging up in GBNC reception after our President Fran Hodgson put together the puzzle.



### Celebrating the first year



### Celebrating the first year

Stanthorpe Neighbourhood Centre staff celebrated the centre's first year in operation with a party at the Neighbourhood Centre in Corundum Street on Saturday.

Around 40 Neighbourhood Centre committee members and members of the community attended the celebrations, many

bringing trees and pot plants which will be planted in the Neighbourhood Centre gardens. The Minister for Family Services and Member for Carnarvon, Mr. Peter McKechnie, was on hand to cut the birthday cake, watched by Jo Simcocks of the Neighbourhood Centre and GRASP president, David Downs.

Found in the Lions Club time capsule from 1988 was a newspaper article of Stanthorpe Neighbourhood Centre celebrating the first year of operation. Around 40 Neighbourhood Centre committee members & members of the community attended the celebrations, many bring trees & pot plants which have been planted in the Neighbourhood Centre gardens. The Minister for Family Services & Member for Carnarvon, Mr. Peter McKechnie, was on hand to cut the birthday cake. Joined by Jo Simcocks & President of the Neighbourhood Centre David Downs.



# GBNC Newsletter

## Thank you

Summer 2022



### GBNC donations

### GBNC grants

A HUGE thank you goes out to all who have donated to our centre.

Rotary Satellite Club of Stanthorpe recently donated their Waste Not products which helped our food support program replenish stock to support local families over Christmas. Our community is such a wonderful and helpful community.

A heart felt thank you to Australian Communities Foundation for their very generous grant application approval for funds to go towards our Food Support program.

With your support we can help a lot more local families who may be struggling over the Christmas period.



Skye from GBNC and Robyn from Rotary Satellite Club of Stanthorpe.



# GBNC Newsletter

## Thank you

Summer 2022



### A Well deserved Thank you

To all our volunteers...Thank you so much for the immeasurably valuable work you have done for GBNC! We can not thank you enough and want to let you know that your dedication is essential to the work that we do. We cannot do it without you. We would not want to do it without you. You bring ideas, positive energy and a beautiful intensity. I hope you will come back and join us soon, and maybe even bring a friend with you!



To all Management Committee members...Thank you for serving on the GBNC Management Committee. I am sure that you will agree that our collective efforts yielded a great outcome for our community. This was only possible through your commitment of time and effort.  
Again, thank you for your continued commitment to the values & mission of GBNC.

### FOLLOW US!



Facebook Instagram